

کاربانرم افزار رفرنس دهی

EndNote

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- ❖ نرم افزار مدیریت استناد
- ❖ ایجاد یک کتابخانه به وسیله اندنوت
- ❖ مدیریت کتابخانه ایجاد شده در اندنوت
- ❖ استناد به وسیله اندنوت هنگام نگارش
- ❖ جست و جو در پایگاههای اطلاعاتی و انتقال نتایج به اندنوت

اندنوت چیست؟

نرم افزار مدیریت اطلاعات کتاب شناختی که به وسیله آن:

✿ سازماندهی اسناد کتاب شناختی؛

✿ افزودن اسنادها به متن مقاله یا دیگر نوشتارها؛

✿ ایجاد فهرست منابع در مقاله یا دیگر نوشتارها؛

✿ قالب بندی مقاله یا نوشتار دیگر بر اساس شیوه نامه های استنادی

رایج.

✿ انتقال نتایج جست و جو از پایگاههای اطلاعاتی به مجموعه منابع.

www.endnote.com

وبسایت نرم افزار اندنوت

The screenshot shows a Windows Internet Explorer browser window displaying the EndNote website. The browser's address bar shows the URL <http://www.endnote.com/>. The website header features the Thomson Reuters logo and a navigation menu with links: [contact us](#), [about us](#), [what's new](#), [product info](#), [support & services](#), [purchase](#), and [home](#). The main content area is titled "EndNote ...Bibliographies Made Easy™" and includes a central graphic of a speedometer with "discovery" and "publishing" labels. To the left, a green sidebar contains promotional text: "Save on Volume licenses" (Discounts on 20+ copies), "What's New" (New Pages '09 Intergration, EndNote X2.0.1, PubMed PMC Updates, ResearcherID.com), and "Quick Links" (Download a Free Trial, Rave Reviews, Register Your Software). To the right, text reads "FROM DISCOVERY TO PUBLISHING ENDNOTE X2 GETS YOU THERE FASTER" and "NEW IN ENDNOTE X2 -" followed by a list of features: "Locate full text automatically", "Create Smart Groups to auto-sort", "Search online with new search tab", "Collaborate with EndNote Web", "Track new & updated references", and "Use new reference types". Below this list is a link to "View an online tour!". A list of links is provided: "View free online tutorials or sign up for Webinars", "Buy online today", "Download free content file updates", and "Browse the user forum". At the bottom of the page, there are links for "Copyright", "Privacy Policy", "Terms of Use", and "Disclaimer". The browser's taskbar at the bottom shows the Start button, several open applications (including EndNote), and the system clock showing 04:27.

نصب و روزآمدسازی اندنوت

▪ نصب از طریق وبسایت آن یا استفاده از «سی.دی.»؛

▪ قابل نصب بر ویندوز

▪ نیازهای سخت‌افزاری؛

▪ کامپیوتر با پردازندهٔ پنتیوم و سرعت حداقل ۴۵۰ مگاهرتز یا بالاتر؛

▪ حداقل ۲۶۵ مگابایت حافظه؛

▪ حداقل ۱۸۰ مگابایت فضای خالی روی هارددیسک.

▪ نیازهای نرم‌افزاری؛

▪ نصب نرم‌افزار واژه‌پرداز «ورد» ۲۰۰۳ تا ۲۰۱۹

سازماندهی اطلاعات کتاب‌شناختی

- ✦ ایجاد یک کتابخانه به وسیله اندنوت؛
- ✦ وارد کردن اطلاعات به شیوه دستی؛
- ✦ افزودن تصویر به منبع؛
- ✦ افزودن جدول یا چارت به یک منبع؛
- ✦ مدیریت کتابخانه اندنوت.

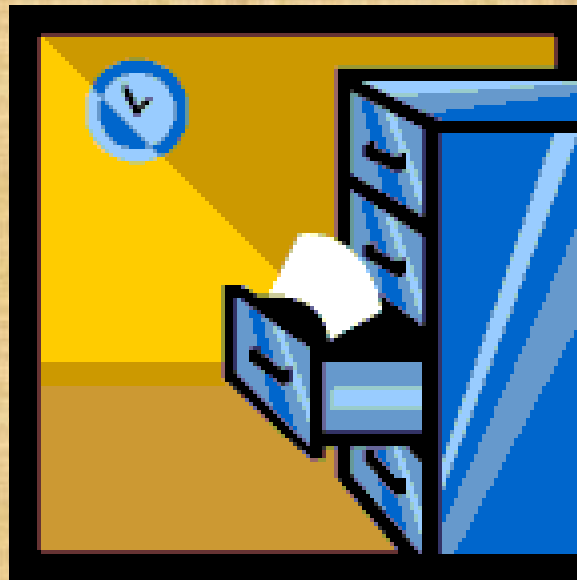
اصطلاحات رایج در اندنوت

- ▶ مستندات یا Citation، که به منابع استناد شده در متن مقاله گفته می‌شود.
- ▶ فهرست منابع یا Bibliography، که در پایان متن پژوهشی یا مقاله ذکر می‌شود.
- ▶ سبک یا Style، که مجلات مختلف برای نوشتن منابع از آنها استفاده می‌کنند. مانند Vancouver , APA , ...

library چیست؟

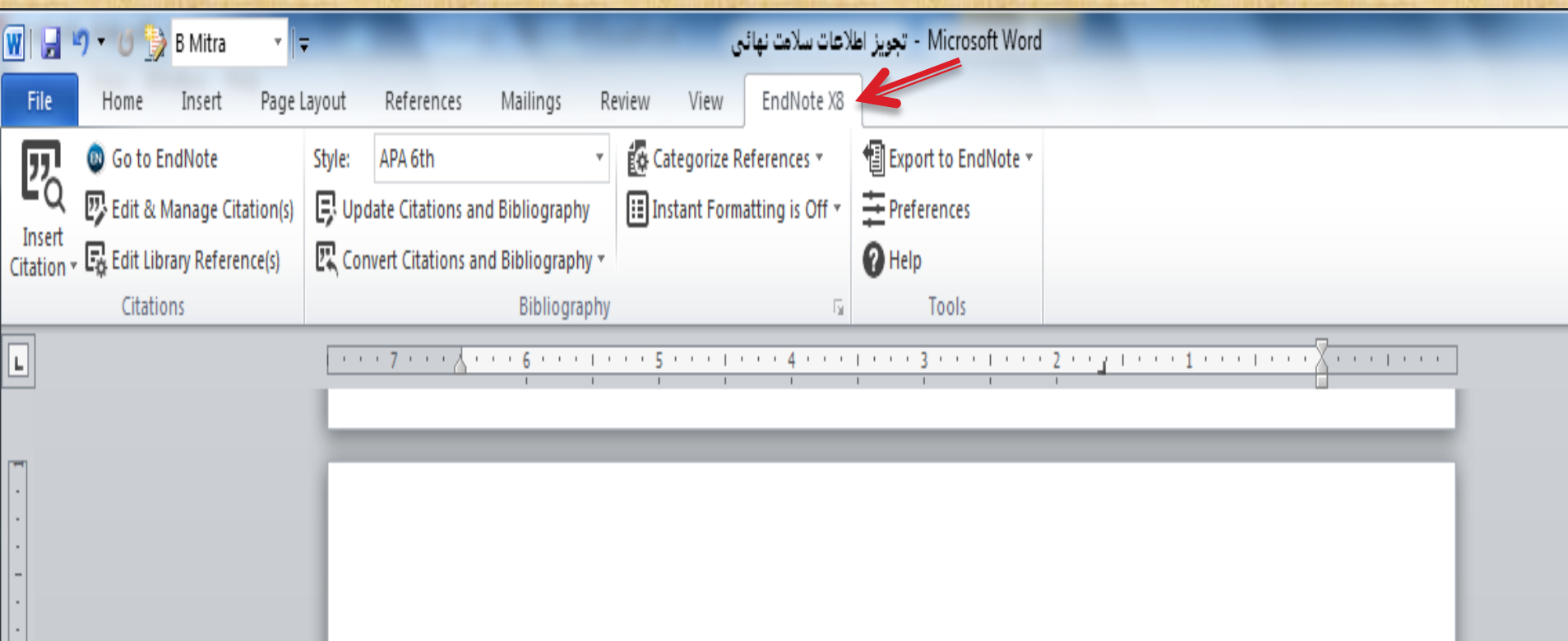
یک LIBRARY در برنامه Endnote مانند یک کشودر یک درایو کامپیوتر می باشد. در هر کشو(در اینجا LIBRARY) می توانید تعداد زیادی file یا reference را ذخیره نمایید. هر رفرنس دارای مشخصات کتابشناختی مورد نیاز در یک مدرک مورد ارجاع مانند نام نویسند،عنوان،تاریخ و سایر موارد می باشد.

محدودیتی در تعداد LIBRARY که میتوانید ایجاد کنید وجود ندارد.



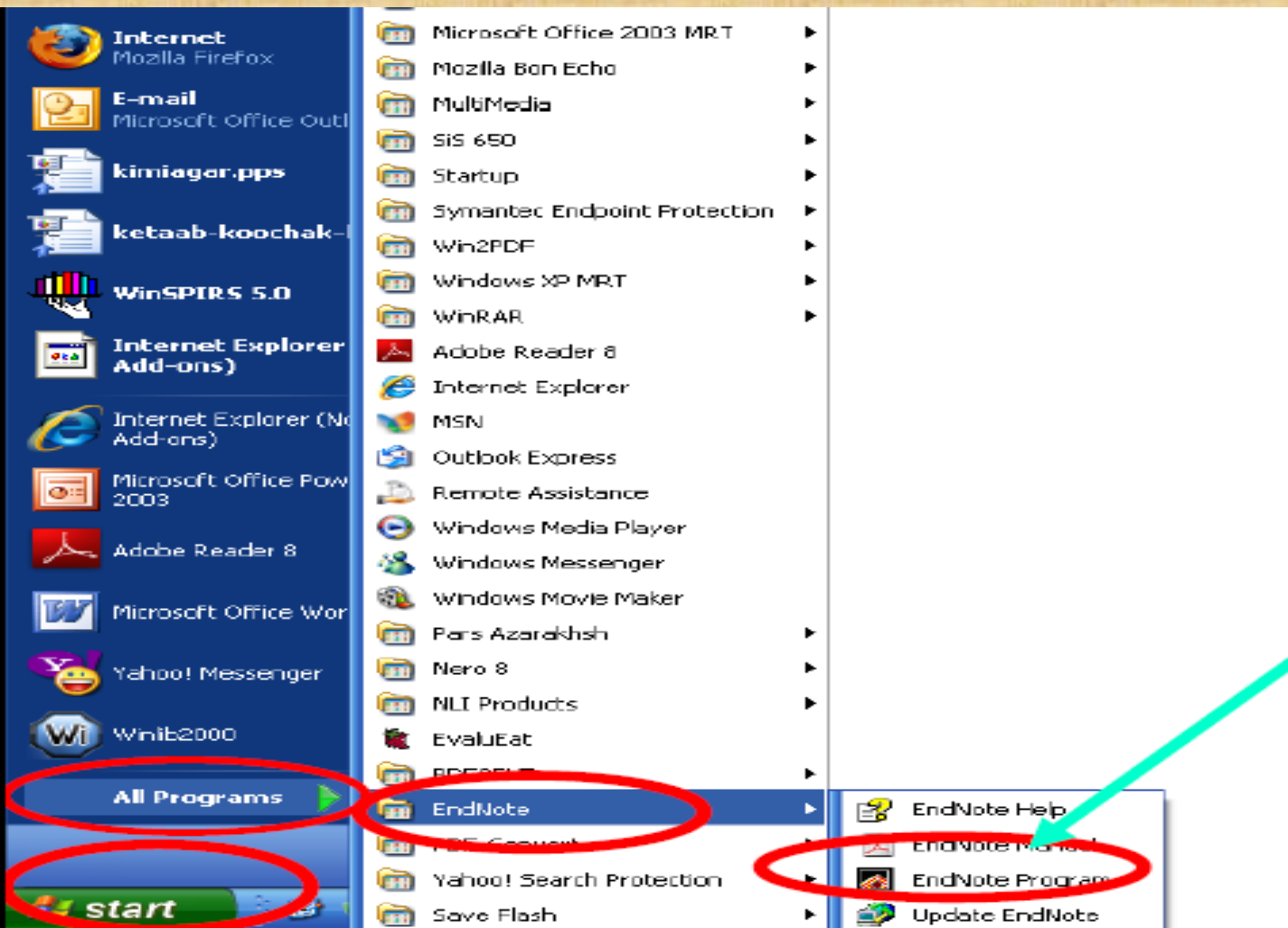
شروع کار با نرم افزار **EndNote**

- ▶ برای کار با نرم افزار **endnote** ابتدا مطمئن شوید که نرم افزار **word** را نصب کرده باشید و سپس برنامه **endnote** را نصب کنید.
- ▶ پس از نصب برنامه تب **endnote** به برنامه **word** اضافه می شود.



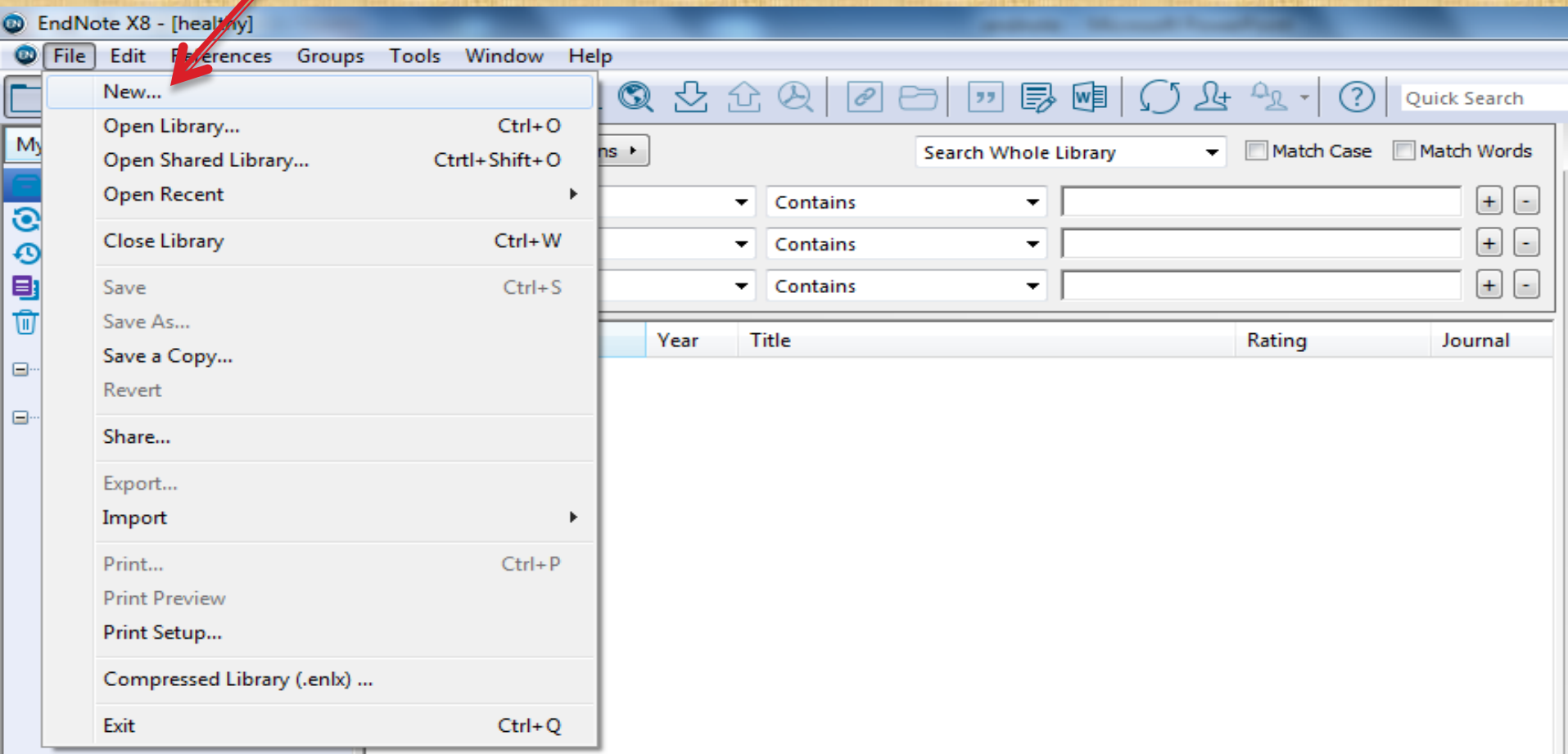
▶ برنامه را از مسیر زیر اجرا نمایید .

▶ Start/ All Programs/ EndNote/ EndNote



ایجاد بانک اطلاعاتی یا library در نرم افزار

▶ برای ایجاد library جدید منوی **file/new** واقع در نوار ابزار بالای برنامه **endnote** را انتخاب نمایید. در پنجره باز شده نام و محل ذخیره سازی **library** انتخاب نموده و بر روی دکمه **save** کلیک کنید.



- Configure System
- Recently Added
- Unfiled
- Trash
- My Groups
- Find Full Text

(0) And Year Contains [] + -

(0) And Title Contains [] + -

(0)

Author	Year	Title	Rating	Journal
--------	------	-------	--------	---------

New Reference Library

Desktop

Organize New folder

- ★ Favorites
 - Desktop
 - Downloads
 - Recent Places
- Desktop
 - Libraries
 - Documents
 - Music
 - Pictures
 - Videos
 - Sadaf

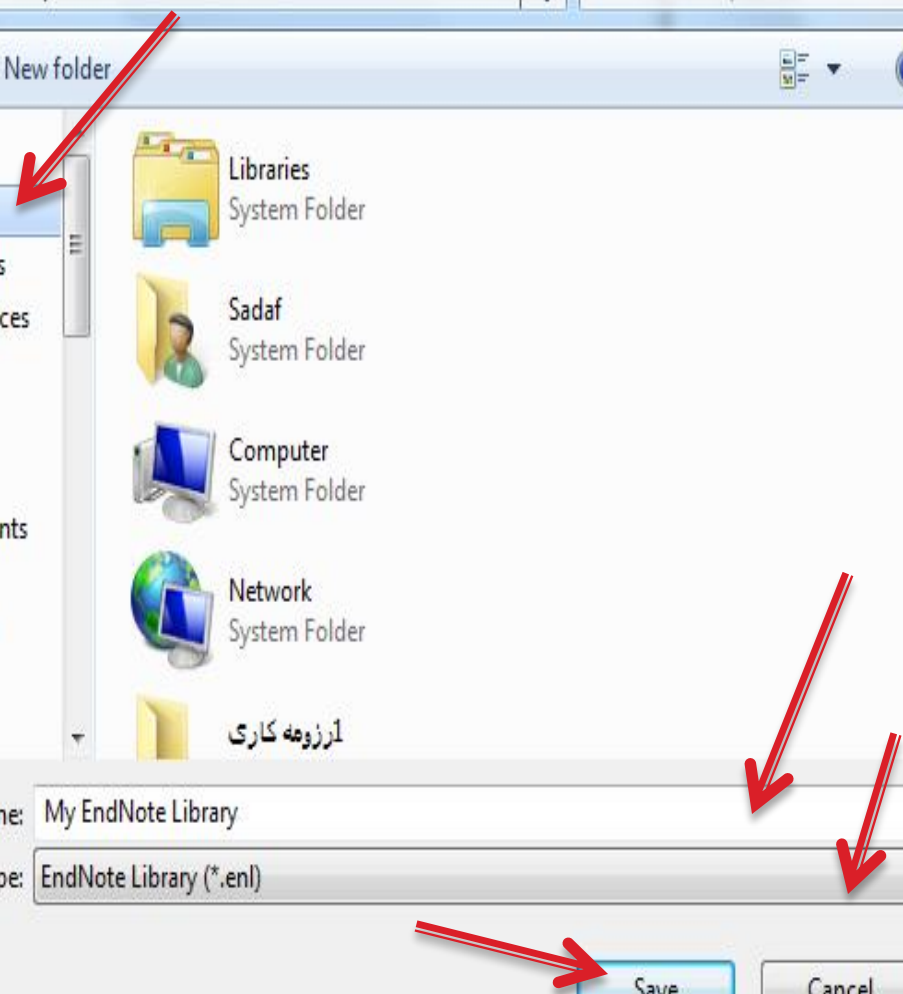
- Libraries System Folder
- Sadaf System Folder
- Computer System Folder
- Network System Folder
- ارزومه کاری

File name: My EndNote Library

Save as type: EndNote Library (*.enl)

Hide Folders

Save Cancel



شما با یک صفحه خالی، در اینجا، با نام اختصاص داده شده Health روبرو خواهید شد.

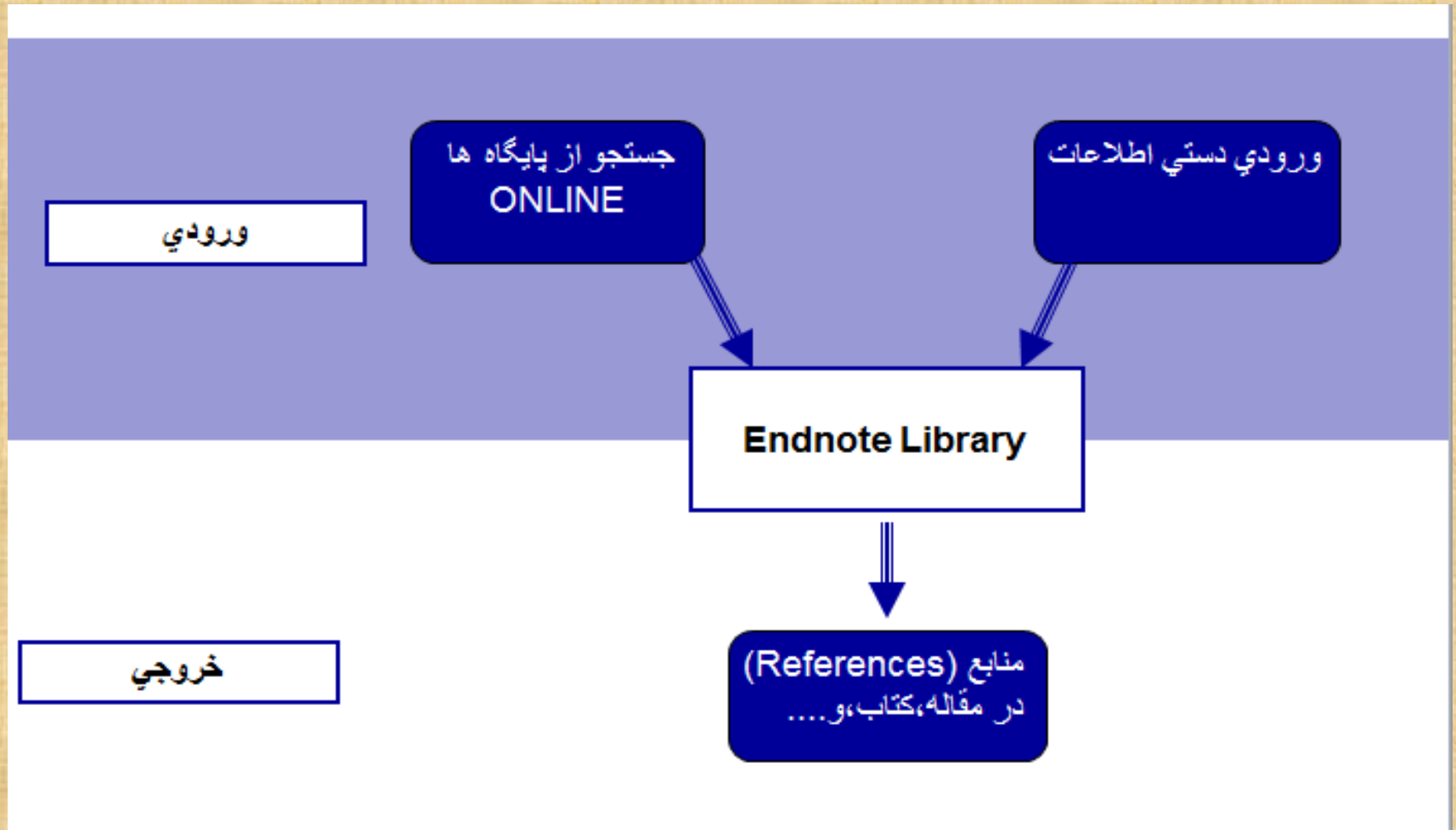
حالا برنامه برای وارد کردن Reference های شما آماده است.

The screenshot shows the EndNote X8 software interface. The title bar reads "EndNote X8 - [healthy]". The menu bar includes "File", "Edit", "References", "Groups", "Tools", "Window", and "Help". The toolbar contains various icons for file operations and search. The search panel is active, showing a search criteria table with three rows:

Operator	Field	Operator	Value	Buttons
	Author	Contains		+ -
And	Year	Contains		+ -
And	Title	Contains		+ -

Below the search panel is a table with the following columns: Author, Year, Title, Rating, and Journal. The table is currently empty. On the right side of the interface, there are tabs for "Reference", "Preview", and "Attached PDFs". Below these tabs, the text "No References Selected" is displayed.

مراحل کلی کار در اندنوت



روش های ورود منابع به برنامه

▶ سه روش برای ورود اطلاعات به نرم افزار اندنوت وجود دارد.

□ تایپ دستی رفرنس های مورد نظر

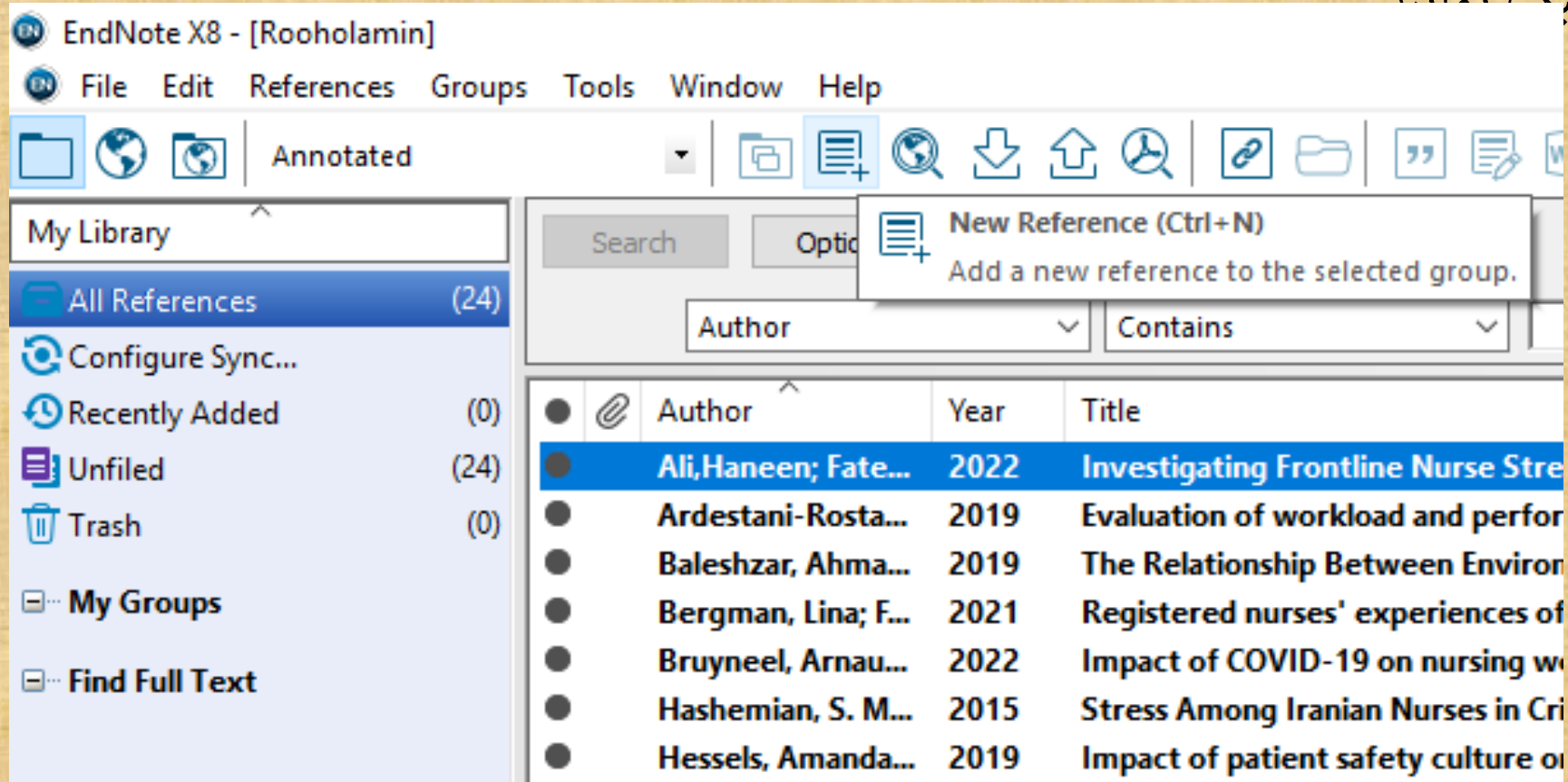
□ انتقال مستقیم با استفاده از جستجوی آنلاین درون خود نرم افزار

□ انتقال غیرمستقیم از پایگاه هایی مانند اسکوپوس، وب او ساینس، پابمد، گوگل

اسکالر و ...

روش اول: تایپ دستی بخش های منابع

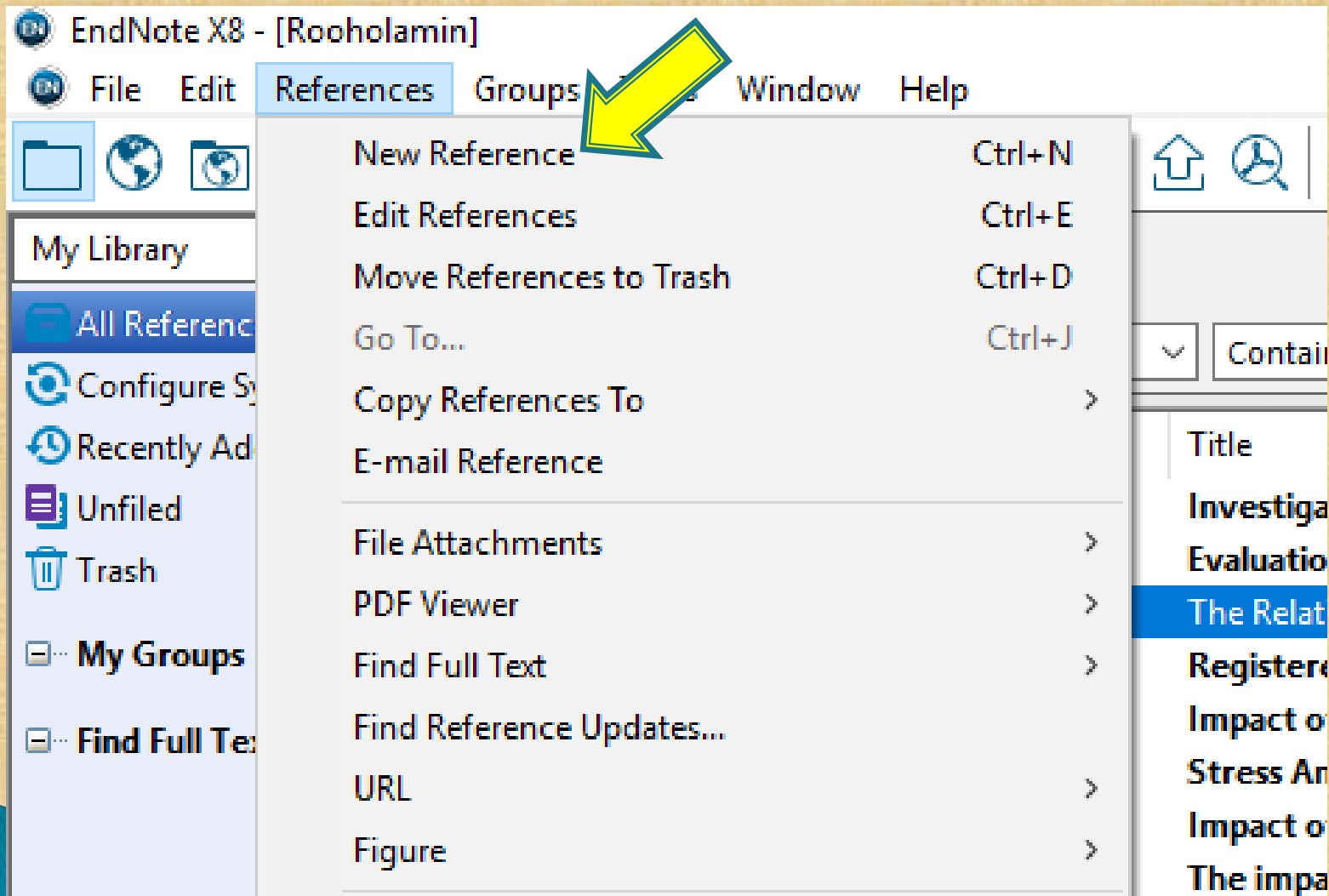
در پنجره باز شده بر روی علامت اضافه کردن منبع که در شکل نشان داده شده است کلیک کنید.



The screenshot shows the EndNote X8 interface. The 'New Reference' dialog box is open, allowing the user to add a new reference to the selected group. The dialog box has a 'Search' field, an 'Options' button, and a 'New Reference (Ctrl+N)' button. Below the dialog box, there is a table of references with columns for Author, Year, and Title.

Author	Year	Title
Ali, Haneen; Fate...	2022	Investigating Frontline Nurse Stre...
Ardestani-Rosta...	2019	Evaluation of workload and perfor...
Baleshzar, Ahma...	2019	The Relationship Between Environ...
Bergman, Lina; F...	2021	Registered nurses' experiences of...
Bruyneel, Arnau...	2022	Impact of COVID-19 on nursing wo...
Hashemian, S. M...	2015	Stress Among Iranian Nurses in Cri...
Hessels, Amanda...	2019	Impact of patient safety culture on...

همچنین می توانید با انتخاب گزینه های **reference References/New** از نوار منوی بالای صفحه وارد صفحه ورود دستی منابع شوید.



Reference Attached PDFs

Plain Font Plain Size B I U P A¹ A₁ Σ A_a

Reference Type: Journal Article

Rating

Author

Year

Title

Journal

Volume

Issue

Pages

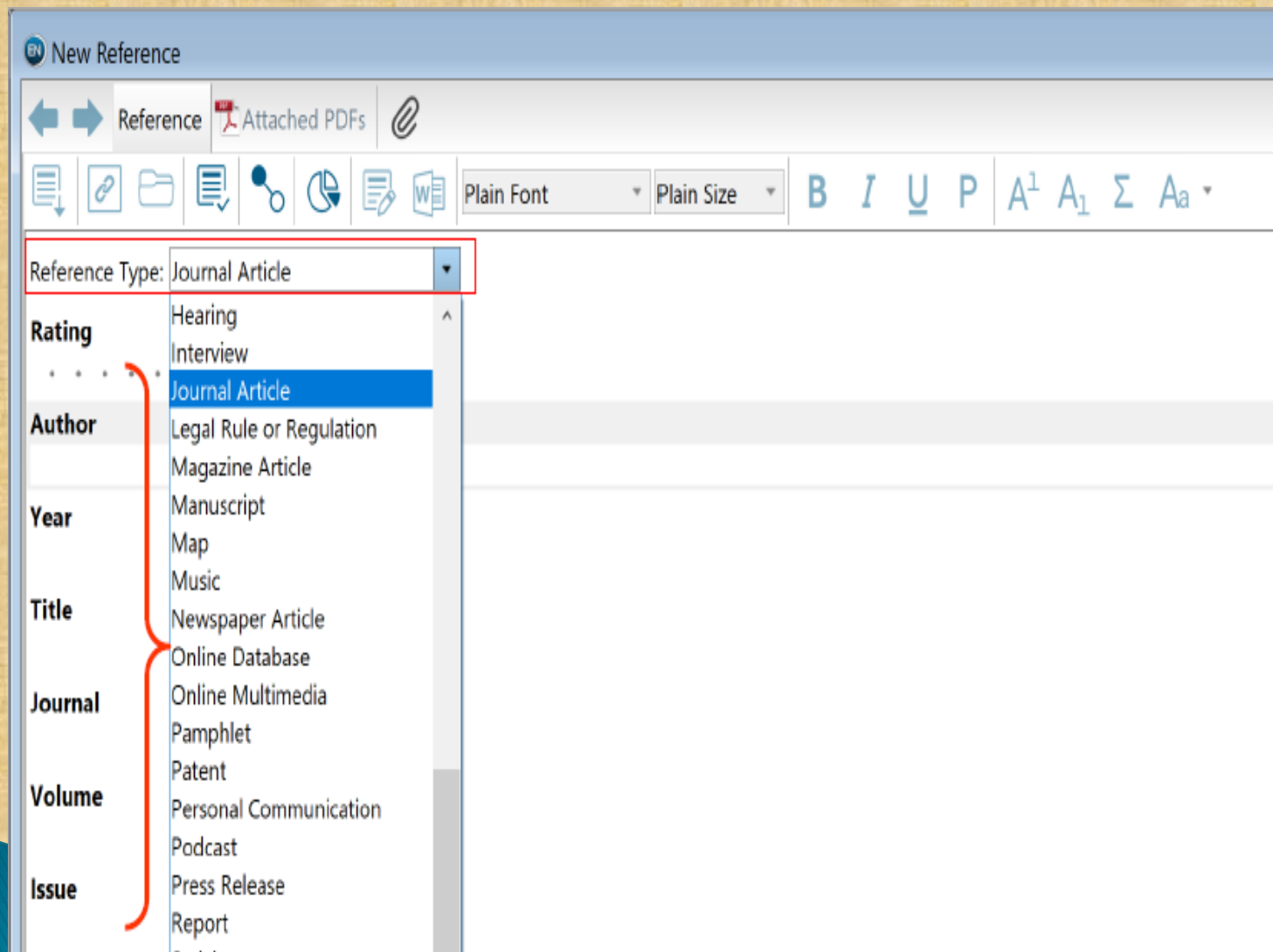
Start Page

Epub Date

Encyclopedia
Equation
Figure
Film or Broadcast
Generic
Government Document
Grant
Hearing
Interview
Journal Article
Legal Rule or Regulation
Magazine Article
Manuscript
Map
Music
Newspaper Article
Online Database
Online Multimedia
Pamphlet
Patent
Personal Communication
Podcast
Press Release
Report
Serial
Standard
Statute
Thesis
Unpublished Work
Web Page



با باز نمودن کشوی قرار داده شده در روبروی آیتم Reference Type و مشاهده لیست ظاهر شده نوع رفرنس مورد نظر خود را انتخاب نمائید.



با کلیک در جزء اول یک رفرنس در اینجا جزء Author ورود اطلاعات را بصورت دستی شروع نمائید.

New Reference

Reference Attached PDFs

Plain Font Plain Size B I U P A¹ A₁ Σ A_a

Reference Type: Journal Article

Rating

Author

Year

Title

Journal

Volume

Issue

Pages

Start Page

Epub Date

Date

توجه کنید که نوع رفرنس (Reference Type) انتخاب شده Journal Article است.

نام چند نویسنده می بایست در خط های جدا وارد گردد. با استفاده از کلید enter

New Reference

Reference Attached PDFs

Plain Font Plain Size B I U P A¹ A₂ Σ A₀

Reference Type: Journal Article

Rating

Author
Hamilton, Peter William
Smith, John

Year

Title

Journal

Volume

Issue

Pages

Start Page

Epub Date

Date

Type of Article

Layout

هنگام ورود اطلاعات مربوط به نویسنده یکی از فرمت های زیر را استفاده کنید:

Peter William Hamilton

Hamilton, Peter William

Hamilton, P. W.

شماره صفحه های Reference را به یکی از فرمت های زیر وارد کنید.

547-92

547-592

EN New Reference

Reference Attached PDFs

Plain Font Plain Size B I U P A¹ A₁ Σ A_a

Reference Type: Journal Article

Rating
.....

Author
Hamilton, Peter William
Smith, John

Year
2014

Title
The Relationship between social support and adherence treatment


Journal
Health Communication Journal

Volume
16

Issue
12

Pages

Start Page



EN EndNote X8 - [Baleshzar, 2019 #16]

EN File Edit References Groups Tools Window Help

Reference Attached PDFs

Reference Type: Journal Article

Rating
.....

Author
Baleshzar, Ahmad
Tabodi, Meymanat
Rojhani Shirazi, Zahra %J Iranian Journal of Ergonomics

Year
2019

Title
The Relationship Between Environmental and Demographic F

Journal

Volume
7

Part/Supplement

Issue
2

Pages
39-44

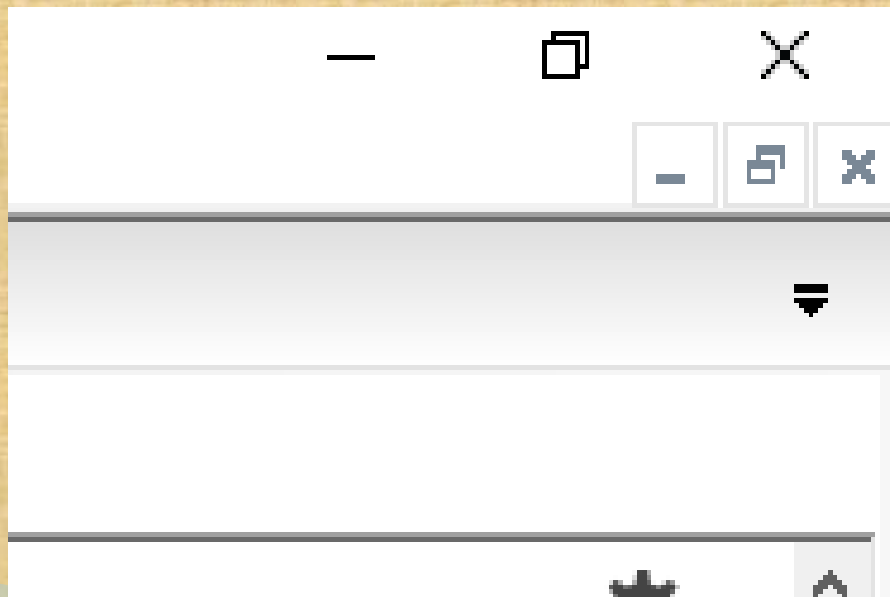
روش اول: تایپ دستی بخش های منابع

▶ پس از ورود اطلاعات برای **ذخیره کردن** اطلاعات بر روی علامت بستن کلیک نمایید.

▶ رفرنس شما در **library** تان ذخیره گردید. در پایین پنجره، **endnote** به شما می گوید چه تعداد رفرنس در **library** شما ذخیره می باشد.

▶ با کلیک روی **new reference** و انتخاب **reference type**

می توانید رفرنس های بیشتری را با همان روش دستی گفته شده به **library** اضافه نمایید.



EndNote X8 - [Rooholamin]

File Edit References Groups Tools Window Help

Folder icons | Annotated

- My Library ^
- All References (24)
- Configure Sync...
- Recently Added (0)
- Unfiled (24)
- Trash (0)
- My Groups
- Find Full Text



Search Options

Author

	Author ^	
<input checked="" type="radio"/>	Ali, Haneen; Fate...	2
<input checked="" type="radio"/>	Ardestani-Rosta...	2
<input type="radio"/>	Baleshzar, Ahma...	2
<input checked="" type="radio"/>	Bergman, Lina; F...	2
<input checked="" type="radio"/>	Bruyneel, Arnau...	2
<input checked="" type="radio"/>	Hashemian, S. M...	2
<input checked="" type="radio"/>	Hessels, Amanda...	2
<input checked="" type="radio"/>

از بخش سمت راست صفحه با انتخاب گزینه Reference می توانید
فیلدهای مختلف را ببینید.

The screenshot displays a software interface with a sidebar on the left and a main content area on the right. The sidebar, titled 'My Library', contains several options: 'All References (1)', 'Configure Sync...', 'Recently Added (1)', 'Unfiled (1)', 'Trash (0)', 'My Groups', and 'Find Full Text'. The main content area features a table with columns: Author, Year, Title, Rating, Journal, Last Updated, and Reference Type. A single entry is highlighted in blue: 'Hamil... 2014 The Relationship b... • • • Heal... 29/05/1396 Journal Article'. To the right of the table, a detailed view of the selected reference is shown, with the 'Reference' tab highlighted in a red box. This view includes fields for 'Reference Type: Journal Article', 'Rating' (displayed as five dots), 'Author' (Hamilton, Peter William and Smith, John), 'Year' (2014), 'Title' (The Relationship between social support and adherence treatment), 'Journal' (Health Communication Journal), 'Volume' (16), 'Issue' (12), and 'Pages'. At the bottom left, it says 'Showing 1 of 1 references.' and at the bottom right, there is a 'Layout' button.

Author	Year	Title	Rating	Journal	Last Updated	Reference Type
Hamil...	2014	The Relationship b...	• • •	Heal...	29/05/1396	Journal Article

Reference Type: Journal Article

Rating
• • • • •

Author
Hamilton, Peter William
Smith, John

Year
2014

Title
The Relationship between social support and adherence treatment

Journal
Health Communication Journal

Volume
16

Issue
12

Pages

Showing 1 of 1 references.

دقت نمایید!

برای ورود اسامی فارسی پس از
تایپ فامیل حتما **کاما باید لاتین**
گردد و بعد دوباره صفحه کلید را
فارسی کنید و نام کوچک را تایپ
نمایید

روش دوم: انتقال مستقیم با استفاده از جستجوی آنلاین درون خود نرم افزار:

▶ در این روش می توانید درون خود نرم افزار جستجو را انجام دهید و نتایج مورد نظر خود را جهت اضافه شدن به کتابخانه خود انتخاب نمایید. برای این کار ابتدا گزینه **online search mode** را انتخاب نموده و سپس یکی از پایگاه های موجود را می توانید انتخاب کنید. به طور پیش فرض چند پایگاه را در سمت چپ صفحه خواهید دید، در صورتی که پایگاه های دیگری را نیز می خواهید جستجو نمایید، گزینه **more** را انتخاب نموده و درکادر باز شده پایگاه های اطلاعاتی بیشتری را می توانید ببینید که با انتخاب آنها می توانید جستجوی خود را در آنها انجام دهید. البته جستجو را می توانید در پایگاه هایی انجام دهید که به آن دسترسی داشته باشید.

Online Mode Vancouver

My Library

- Online References (0)
- Online Trash (0)
- Online Search
 - Library of Congress (0)
 - LISTA (EBSCO) (0)
 - PubMed (NLM) (0)
 - Web of Science Core... (0)
 - more...

Author Year Title Rating Journal Reference

Choose A Connection

Name	Information Provider
Aarhus U	Library Catalogs
Acad Search Prem (EBSCO)	EBSCO
Academic Onefile (Gale)	Gale
Academica Sinica	Library Catalogs
Ageline (EBSCO)	EBSCO
Ageline (OvidSP)	OvidSP
Agricola (OvidSP)	OvidSP
Alabama St U	Library Catalogs
All Subscribed (Dialog)	Dialog
AMED (DIMDI)	DIMDI
AMED (EBSCO)	EBSCO
Amherst College	Library Catalogs
Ando American Culture (CPIL)	CPIL

Quick Search Find by

Less Info: Cancel Choose

File Name: Aarhus U.enz
Created: دوشنبه ۱۶ مرداد ۱۳۹۶, ۱۲:۵۲:۵۰ ق.ظ
Modified: شنبه ۳۰ مهر ۱۳۹۰, ۰۱:۵۴:۲۲ ق.ظ
Based On:
Category: Library Catalogs
Comments: A (-) next to a search term means it may be used as a...

Showing 0 of 0 references.

Layout

- My Library
- Online References (0)
- Online Trash (0)
- Online Search
 - Aarhus U (0)
 - Library of Congress (0)
 - LISTA (EBSCO) (0)
 - PubMed (NLM) (0)
 - Web of Science Core... (0)
 - more...

Search Options Search Remote Library Match Case Match Words

Title Contains social Support + -

And Author (Smith, A.B.) Contains + -

And Year Contains + -

Author	Year	Title	Rating	Journal
Showing 0 of 0 references in Group. (All References: 0)				

Reference Preview Attached PDFs

Reference Type: Serial

No References Selected

انتخاب پایگاه مورد نظر
برای جستجو

جستجوی کلیدواژه در
فیلدهای مورد نظر

- My Library
- Online References (0)
- Online Trash (0)
- Online Search
 - Aarhus U (0)
 - Library of Congress (0)
 - LISTA (EBSCO) (0)
 - PubMed (NLM) (0)
 - Web of Science Core... (0)
 - more...

Search Options Search Remote Library Match Case Match Words

Title	Contains	social Support	+	-
And Author (Smith, A.B.)	Contains		+	-
And Year	Contains		+	-

Author	Year	Title	Rating	Journal
<p>انتخاب پایگاه مورد نظر برای جستجو</p> <p>جستجوی کلیدواژه در فیلهای مورد نظر</p>				

Reference Type: Serial

No References Selected

با راست کلیک کردن روی رفرنس ها و انتخاب گزینه
add reference رفرنس های انتخاب شده در
custom groupe to/ create
گروهی جداگانه در برنامه ذخیره می شوند.

The screenshot shows a library management software interface. On the left, there is a sidebar with 'My Library' and 'My Groups' sections. The main area displays search results for 'social Support' by 'Smith, A.B.' in 1995. A context menu is open over the first result, with 'Add References To' selected, which has opened a sub-menu where 'Create Custom Group...' is highlighted. The right side of the interface shows a detailed view of the selected reference, including the author 'McNaughton, M. E.' and the journal 'J Homosex'.

Author	Year	Title	Rating	Journal
Smith, R. B.; Bro...	1995	coupl...		J Homosex
Di Martile Bolla...	1995	n anal...		Public Health N
Norbeck, J. S.; D...	1995	red so...		Soc Sci Med
Tillotson, L. M.; S...	1995	rence...		Diabetes Educ
Smith, M. Y.; Rap...	1995			
McNaughton, M...	1995			
Trent, J. T.; Smit...	1995			
Smith, C. A.; Smi...	1995			
Smoll, F. L.; Smit...	1995			
McNaughton, M...	1995			
Smith, R. E.; Smo...	1995			
Hardy, J. D.; Smit...	1995			
Smith, M. A.; Ho...	1995			
Smith, M. D.; Ho...	1995			

My Library

- All References (153)
- Copied References (80)
- Configure Sync...
- Recently Added (153)
- Unfiled (88)
- Trash (0)
- My Groups**
 - New Group (65)**
- Online Search
 - Web of Science Core... (0)
 - PubMed (NLM) (65)
 - LISTA (EBSCO) (0)
 - Library of Congress (0)
 - Aarhus U (0)
 - more...
- Find Full Text

Search Options ▾

Search Whole Group ▾ Match Case Match Words

Title ▾ Contains ▾ social Support + -

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Bowen, K. S.
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Carlisle, M.
Smith, T. W.
Light, K. C.

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The stress-buffering effects of functional social support on ambulatory blood pressure

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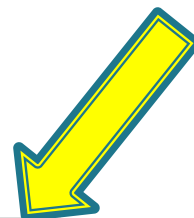
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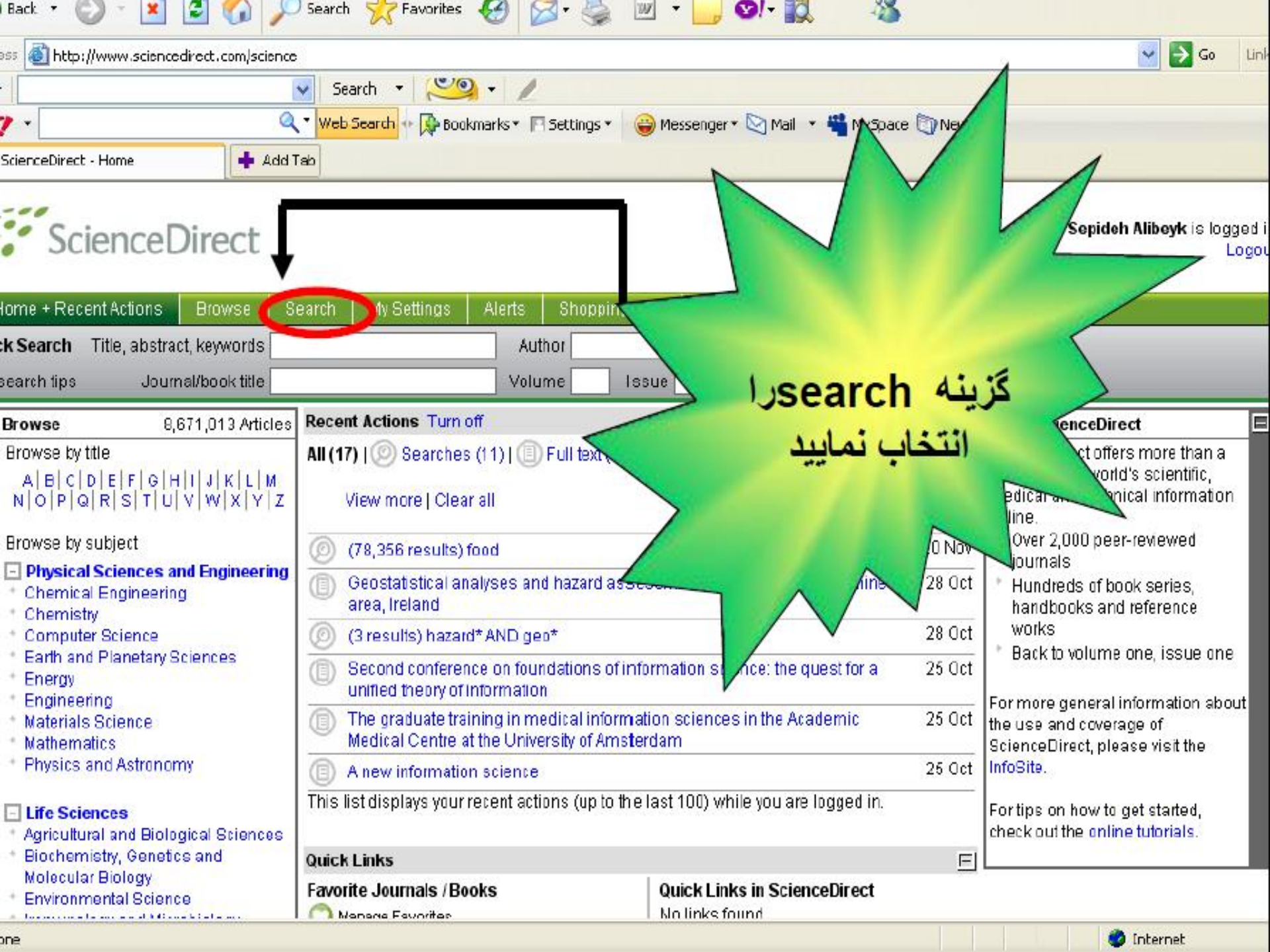




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- 1. Title: Activation of mTOR in a subgroup of ovarian carcinomas: Correlation with p-eIF-4E and prognosis Author(s): Noske, A; Lindenberg, JL; Darb-Esfahani, S, et al. Source: ONCOLOGY REPORTS Volume: 20 Issue: 6 Pages: 1409-1417 Published: 2008 Times Cited: 0
- 2. Title: Positive Correlation between Cyclooxygenase 2 and the Expression of ABC Transporters in Non-small Cell Lung Cancer Author(s): Surowiak, P; Pawelczyk, K; Maciejczyk, A, et al. Source: ANTICANCER RESEARCH Volume: 28 Issue: 5B Pages: 2967-2974 Published: 2008 Times Cited: 0
- 3. Title: ADAM9 Expression is a Significant and Independent Prognostic Marker of PSA Relapse in Prostate Cancer Author(s): Fritzsche, FR; Jung, M; Tolle, A, et al. Source: EUROPEAN UROLOGY Volume: 54 Issue: 5 Pages: 1097-1108 Published: 2008 Times Cited: 1

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2.	Baker, Jennifer L - Childhood body-mass index and the risk of coronary heart disease in adulthood. <i>N Engl J Med</i> - Free full-text	291
3.	Takahashi K - Induction of Pluripotent Stem Cells from Adult Human Fibroblasts by Defined Factors. <i>Cell</i> - Free full-text	202

The Medical Article of the Year 2008

ARTICLES

Genome-wide association study of 14,000 cases of seven common diseases and 3,000 shared controls

The Wellcome Trust Case Control Consortium

This is the abstract and introduction of the article. It discusses the findings of a genome-wide association study (GWAS) involving 14,000 cases of seven common diseases and 3,000 shared controls. The study identified several genetic variants associated with these diseases, providing insights into their genetic architecture and potential pathways. The authors highlight the importance of large-scale genetic studies in understanding complex diseases and the role of shared genetic factors.

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Diet patterns and breast cancer risk in Hispanic and non-Hispanic white women: the Four-Corners Breast Cancer Study
Am. J. Clinical Nutrition, Apr 2008; 87: 978 - 984.
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Tissue stores of individual monounsaturated fatty acids and breast cancer: the EURAMIC study. European Community Multicenter Study on Antioxidants, Myocardial Infarction, and Breast Cancer
Am. J. Clinical Nutrition, Jul 1998; 68: 134 - 141.
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Vitamin D and breast ca

Ellen Welsh

from the Department of Biological Sciences, University of Notre Dame, Notre Dame, IN

presented at the conference "Vitamin D and Health in the 21st Century: Bone and Beyond," held in Bethesda, MD, October 9–10, 2003.

supported by research grants from the National Cancer Institute, the American Institute for Cancer Research, the Susan G. Komen
Foundation, and the Department of Defense Breast Cancer Research Program.

Address correspondence to J Welsh, Department of Biological Sciences, University of Notre Dame, Notre Dame, IN 46556. E-mail:

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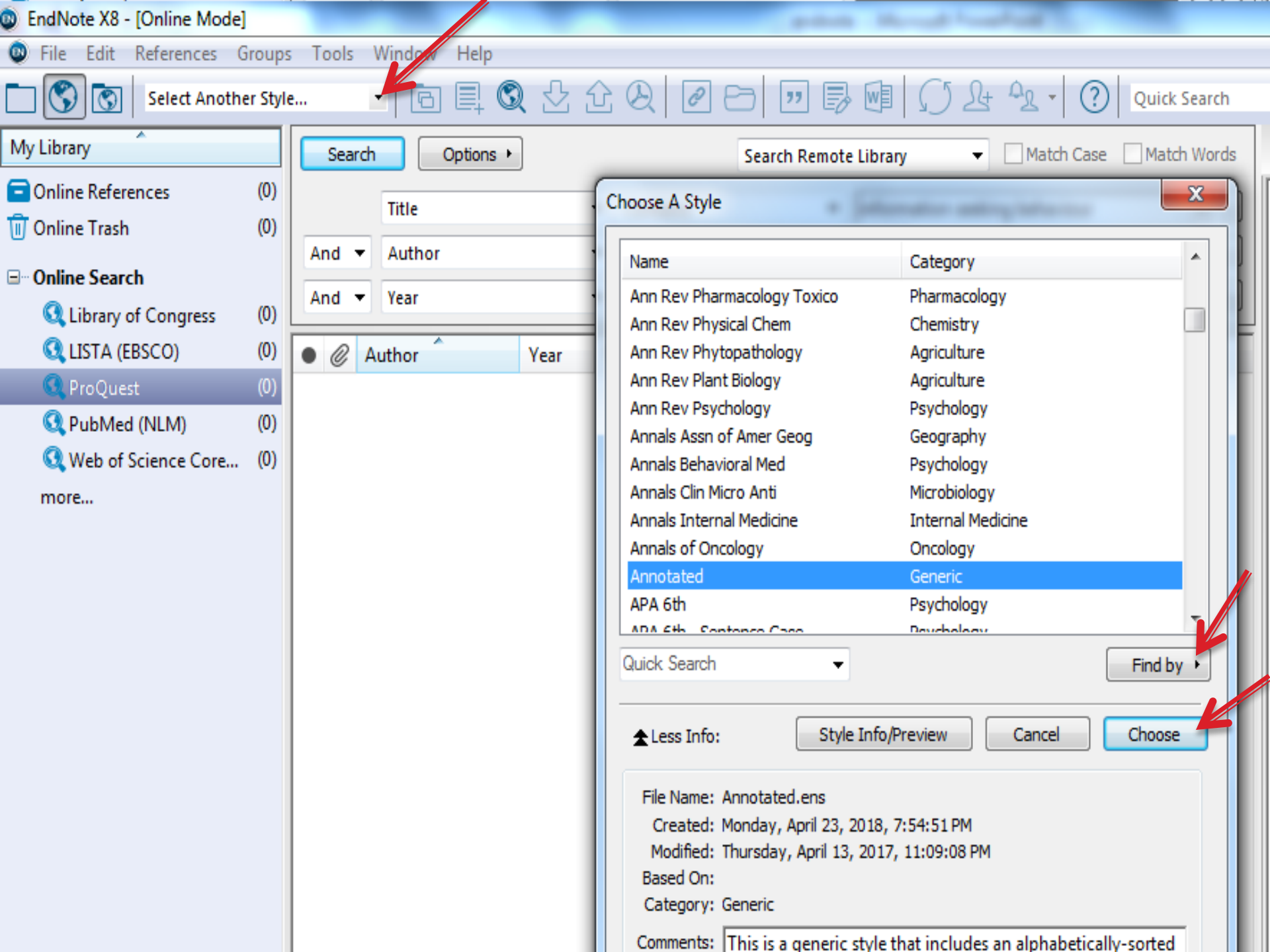
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Author: Carmack Taylor, C. L., Kulik, J., Badr, H., Smith, M., Basen-Engquist, K., Penedo, F., Gritz, E. R.

Year: 2007

Title: A social comparison theory analysis of group composition and efficacy of cancer support group programs

Journal: Soc Sci Med

Volume: 65

Issue: 2

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Bodell, L. P.; Smit...		...ed social support and ne...		Eat Behav
Bowen, K. S.; Ut...		...effects of functional soci...		Health Psychol
Brown, S. L.; Nes...		...rt may be more benefici...		Psychol Sci
Carmack Taylor, ...	2007	A social comparison theory analysis of group co...		Soc Sci Med
Coker, A. L.; Smit...	2002	Social support protects against the negative ef...		J Womens Heal
Coker, A. L.; Wat...	2003	Social support reduces the impact of partner v...		Prev Med
Cooper, D. L.; Po...	2013	Social support provided by and strain experien...		Support Care C.
DeFreese, J. D.; ...	2014	Athlete social support, negative social interacti...		J Sport Exerc P.
Di Martile Bolla, ...	1996	Social support as road map and vehicle: an anal...		Public Health N
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Reference Type: Journal Article

Rating

Author

Bodell, L. P.
Smith, A. R.
Holm-Denoma, J. M.
Gordon, K. H.
Joiner, T. E.

Year

2011

Title

The impact of perceived social support and negative life events on bulimic symptoms

Journal

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44-8

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Kennedy, S. J.
Kossoff, M. B.
Dunn, S. M.

Year
2001

Title
The role of psychosocial factors in the development of breast carcinoma: Part II. Life event stressors, social support, defense and emotional control and their interactions

Journal
Cancer

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Title Contains social Support

And Author Contains

And Year Contains

Reference Preview Attached PDFs

Reference Type: Journal Article

My Library

- Configure Sync...
- Recently Added (153)
- Unfiled (88)
- Trash (0)

My Groups

- New Group (65)

Online Search

- Web of Science C... (0)
- PubMed (NLM) (65)
- LISTA (EBSCO) (0)
- Library of Congress (0)
- Aarhus U (0)
- more...

Find Full Text

- Found PDF (23)
- Found URL (5)
- Not found (37)

Author Year Title

- Kshetri, D. B.; S... 2012 Social care
- Leibert, T. W.; S... 2011 Relationship
- Leung, J.; Smith... 2016 Inequalities
- Lindsay, G. M.; S... 2001 The influen
- McNaughton, M... 1995 The relation
- McNaughton, M... 1990 Stress, socia
- McVeigh, C.; Smi... 2000 A compariso
- Norbeck, J. S.; D... 1996 A randomiz
- Novotny, P. J.; S... 2010 A pilot stud
- Pachana, N. A.; S... 2008 Responsive
- Prado, G.; Feaste... 2004 Religious in
- Price, M. A.; Ten... 2001 The role of
- Razee, H.; van d... 2010 Beliefs, bar
- Reiter-Purtill, J.; ... 2017 Peer Victim
- Rice, L.; Barth, J. ... 2013 The role of

Select a file to link to the reference

Look in: HL QOL

Name	Date modified	Type
dodson2016	1396/05/09 پ.ب. ۱:۱۶	Adobe
Gonzalez-Chica-2016-Effect of Health Literacy	1396/05/11 پ.ب. ۱۲:۵۹	Adobe
González-Chica-2016-Effect of health literacy	1396/05/11 پ.ب. ۱۲:۵۹	Adobe
Halverson-2015-Health Literacy and Health-	1396/05/11 پ.ب. ۰:۰۰	Adobe
Husson-2015-Low subjective health literacy is	1396/05/11 پ.ب. ۰:۰۰	Adobe
ijdl-d-v14n3p199-fa	1396/05/11 پ.ب. ۰:۲۲	Adobe
Jayasinghe-2016-The impact of health literacy	1396/05/11 پ.ب. ۰:۰۰	Adobe
JFMH_Volume 17_Issue 1_Pages 46-51	1396/05/11 پ.ب. ۰:۲۲	Adobe
jgi0021-0818	1396/05/09 پ.ب. ۱:۰۲	Adobe
johnston2016	1396/05/09 پ.ب. ۱:۲۲...	Adobe
12955_2017_Article_716	1396/05/09 پ.ب. ۱:۲۲...	Adobe
lee2016	1396/05/11 پ.ب. ۰:۰۲	Adobe
lincoln2005	1396/05/09 پ.ب. ۰:۱۷	Adobe

File name: 12955_2017_Article_716

Files of type: All Files (*.*)

Open Cancel

Showing 65 of 65 references in Group. (All References: 153)

social factors in the development of breast event stressors, social support, defense style, and their interactions

Layout

Health

Vancouver

Search Options Search Whole Library Match Case Match Words

Title Contains social Support

And Author Contains Smith

And Year Contains

Author	Year	Title	Rating	Journal
Smith, N. R.; Clar...	2015	The influence of social support on ethnic diffe...		Soc
Di Martile Bolla, ...	1996	Social support as road map and vehicle: an anal...		Pub
Ryan, L. H.; Wan,...	2014	Spousal social support and strain: impacts on h...		J Be
Prado, G.; Feaste...	2004	Religious involvement, coping, social support, ...		AID
Leung, J.; Smith, ...	2016	Inequalities in long term health-related quality...		Psy
McNaughton, M....	1990	Stress, social support, coping resources, and im...		J Ne
Bowen, K. S.; Uc...	2014	The stress-buffering effects of functional soci...		Hea
Smith, S. G.; Tur...	2012	Psychological impairment in patients urgently ...		Sup
Hurst, R.; Hale, B...	2000	Exercise dependence, social physique anxiety, ...		Br J
Novotny, P. J.; S...	2010	A pilot study assessing social support among ca...		Can
Pachana, N. A.; S...	2008	Responsiveness of the Duke Social Support su...		Age
Biggs, B. K.; Leb...	2014	Adolescents' preferences for social support fo...		J De
Smith, L. E.; How...	2008	Continuity of paternal social support and depre...		J Fa
Smith, L. E.; Gre...	2012	Social support and well-being at mid-life amon...		J Au

Reference Preview Smith-2015-The influence of social support c

1 / 11 76%

Soc Psychiatry Psychiatr Epidemiol (2015) 50:1701–1711
DOI 10.1007/s00127-015-1096-y

ORIGINAL PAPER

The influence of social support on ethnic differences in well-being and depression in adolescents: findings from the prospective Olympic Regeneration in East London (ORIEL) study

Nel B. Smith¹ · Charlotte Clark¹ · Melanie Smuk¹ · Steven Cummins² · Stephen A. Stansfeld¹

Received: 9 April 2015 / Accepted: 11 July 2015 / Published online: 24 July 2015
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Abstract
Purpose This study examines the extent to which in adolescent positive mental well-being and depressive symptoms vary across ethnic groups, and prospectively examines whether social support is protective against low/poor well-being and depression.
Methods A longitudinal survey of 2426 adolescents from the Olympic Regeneration in East London study measured well-being and depressive symptoms at baseline at ages 11–12 and at follow-up two years later at ages 13–14. Social support was assessed at ages 11–12 years by the Multidimensional Scale of Perceived Social Support, by the level of parental support for school, by the frequency of family activities and by friendship choices. Ethnic differences in well-being and depression in adolescents were estimated adjusted stepwise for socio-demographic factors and domains of social support.
Results Black African and Bangladeshi adolescents scored significantly higher for well-being than their White UK counterparts. There were no significant ethnic differences in the prevalence of depressive symptoms. Lower levels of social support were prospectively associated with lower well-being and higher rates of depression in all ethnic groups. Adjustment for multiple domains of social support did not account for ethnic differences in well-being.
Conclusion Bangladeshi and Black African adolescents in East London may have a positive mental health advantage over their White UK counterparts though social support did not fully mediate this difference. Further

حذف رفرنس های تکراری

▶ هنگام جستجو در پایگاه های مختلف به دلیل همپوشانی این پایگاه ها ممکن است رفرنس های تکراری وارد بانک اطلاعاتی شما شود. برای حذف این موارد، این نرم افزار به طور اتوماتیک رفرنس های تکراری را پیدا می کند. برای حذف این موارد تکراری مراحل زیر را انجام دهید:

▶ انتخاب گزینه **Find Duplicate** از تب **Reference**

▶ در کادر باز شده، دو ستون وجود دارد که در هر ستون مشخصات رفرنس های تکراری به همراه شماره رفرنس است. از شما خواسته می شود تا یکی از رفرنس ها را نگه داشته و دیگری حذف می شود. این کار تا به اتمام رسیدن رفرنس های تکراری، تکرار می شود.

- New Reference Ctrl+N
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- Figure >
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- Find Duplicates**
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Quick Search



Hide Search Panel

Search Whole Group

 Match Case
 Match Words

▼	Contains	▼	social Support	+	-
▼	Contains	▼	Smith	+	-
▼	Contains	▼		+	-

	Year	Title	Rating	Journal
...	1995	The relationship among stress, depression, loc...		J Nerv Ment Di
...	1995	The relationship among stress, depression, loc...		J Nerv Ment Di
...	1996	A randomized trial of an empirically-derived so...		Soc Sci Med
...	1996	A randomized trial of an empirically-derived so...		Soc Sci Med
...	2010	A pilot study assessing social support among ca...		Cancer Manag .
...	2010	A pilot study assessing social support among ca...		Cancer Manag .
...	2008	Responsiveness of the Duke Social Support su...		Age Ageing
...	2008	Responsiveness of the Duke Social Support su...		Age Ageing
...	2004	Religious involvement, coping, social support, ...		AIDS Behav
...	2004	Religious involvement, coping, social support, ...		AIDS Behav
...	2001	The role of psychosocial factors in the develop...		Cancer
...	2001	The role of psychosocial factors in the develop...		Cancer
...	2010	Beliefs, barriers, social support, and environme...		Health Promot
...	2010	Beliefs, barriers, social support, and environme...		Health Promot
...	2017	Peer Victimization in Adolescents With Severe...		J Pediatr Psych

Reference

Preview

Attached PDFs

Reference Type: Journal Article

Rating

Author

Norbeck, J. S.
DeJoseph, J. F.
Smith, R. T.

Year

1996

Title

A randomized trial of an empirically-derived social support intervention to prevent low birthweight among African American women

Journal

Soc Sci Med

Volume

43

Issue

6

Pages

947-54

Start Page

Not found

(37)

Health

Vancouver

My Library

Duplicate References (18)

Configure Sync...

Recently Added (161)

Unfiled (88)

Trash (0)

My Groups

New Group (74)

Online Search

Web of Science C... (0)

PubMed (NLM) (65)

LISTA (EBSCO) (0)

Library of Congress (0)

Aarhus U (0)

more...

Find Full Text

Found PDF (23)

Found URL (5)

Not found (37)

Showing 13 of 18 references in Group. (All References: 162)

Search Options

Search Whole Group

Match Case

Match Words

Title Contains social Support

And Author

And Year

Reference Preview Attached PDFs

Reference Type: Journal Article

Find Duplicates

Comparing 1 and 2 of 2 duplicates.

Select the record to keep. The record not selected will be moved to the Trash. Select Skip to go to the next set of duplicates.

Keep This Record

Keep This Record

McNaughton, 1995 #145

Ref Type: Journal Article

McNaughton, 1995 #154

Ref Type: Journal Article

Rating

Author

McNaughton, M. E.

Patterson, T. L.

Smith, T. L.

Grant, I.

Year

1995

Title

The relationship among stress, depression, locus of control, irrational beliefs, social support, and health in Alzheimer's disease caregivers

Journal

J Nerv Ment Dis

Added to Library: 30/05/1396 Last Updated: 30/05/1396

Rating

Author

McNaughton, M. E.

Patterson, T. L.

Smith, T. L.

Grant, I.

Year

1995

Title

The relationship among stress, depression, locus of control, irrational beliefs, social support, and health in Alzheimer's disease caregivers

Journal

J Nerv Ment Dis

Added to Library: 30/05/1396 Last Updated: 30/05/1396

social support
ong African American

Layout

ساخت گروه در نرم افزار اندنوت

- ▶ ممکن است شما در یک زمان در چندین حوزه موضوعی جستجو کنید و می خواهید نتایج جستجوی هر کدام از موضوعات را در یک بانک اطلاعاتی مشترک قرار دهید. بدین جهت نیاز دارید بتوانید به گونه ای به رفرنس های مربوط به هر موضوع به صورت جداگانه دسترسی داشته باشید. حتی ممکن است برای شما مهم باشد که رفرنس های مورد نظر خود را بر اساس پایگاهی که در آن جستجو را انجام داده اید، تفکیک نمایید. نرم افزار اندنوت این امکان را به شما می دهد تا با ساخت گروه به این اهداف برسید.

برای ساخت گروه مراحل زیر را طی نمایید :

- ▶ کلیک راست روی گزینه **my group** در سمت چپ صفحه
- ▶ انتخاب گزینه **Create Group** از کادر باز شده
- ▶ درج نام مورد نظر برای گروه
- ▶ با کلیک راست روی نام گروه می توانید گروه را حذف یا نام آن را تغییر دهید.

Health Vancouver

Search Options Search Whole Group Set Match Case Match Words

Title Contains social Support
 And Author Contains Smith
 And Year Contains

Reference Preview Attached PDFs

Reference Type: Journal Article

No References Selected

Author	Year	Title	Rating	Journal
Balaji, A. B.; Clau...	2007	Social support networks and maternal mental ...		J Womens Heal
Barenbaum, E.; S...	2016	Social support as a protective factor for childr...		AIDS Care
Biggs, B. K.; Leb...	2014	Adolescents' preferences for social support fo...		J Dev Behav P...
Bodell, L. P.; Smit...	2011	The impact of perceived social support and ne...		Eat Behav
Bowen, K. S.; Uc...	2014	The stress-buffering effects of functional soci...		Health Psychol
Brown, S. L.; Nes...	2003	Providing social support may be more benefici...		Psychol Sci
Carmack Taylor, ...	2007	A social comparison theory analysis of group co...		Soc Sci Med
Coker, A. L.; Smit...	2002	Social support protects against the negative ef...		J Womens Heal
Coker, A. L.; Wat...	2003	Social support reduces the impact of partner v...		Prev Med
Cooper, D. L.; Po...	2013	Social support provided by and strain experien...		Support Care C.
DeFreese, J. D.; ...	2014	Athlete social support, negative social interacti...		J Sport Exerc P.
Di Martile Bolla, ...	1996	Social support as road map and vehicle anal...		Public Health N
Feder, A.; Ahmad...	2013	Coping and PTSD		
Hamalainen, H.; ...	2000	Social support a		
Hardy, J. D.; Smit...	1988	Cynical hostility		

Showing 74 of 74 references in Group Set. (All References: 162)

- Create Group
- Create Smart Group
- Create From Groups...
- Create Group Set
- Rename Group Set
- Delete Group Set

- Trash (0)
- My Groups
 - New Group (74)
 - Health Literacy (0)
- Online Search
 - Web of Science C... (0)
 - PubMed (NLM) (65)
 - LISTA (EBSCO) (0)
 - Library of Congress (0)

Author	Year	Title	Rating	Journal
Balaji, A. B.; Clau...	2007	Social support networks and maternal mental ...		J Womens
Barenbaum, E.; S...	2016	Social support as a protective factor for childr...		AIDS Care
Biggs, B. K.; Leb...	2014	Adolescents' preferences for social support fo...		J Dev Beh
Bodell, L. P.; Smit...	2011	The impact of perceived social support and ne...		Eat Behav
Bowen, K. S.; Uc...	2014	The stress-buffering effects of functional soci...		Health Ps
Brown, S. L.; Nes...	2003	Providing social support may be more benefici...		Psychol Sc
Carmack Taylor, ...	2007	A social comparison theory analysis of group co...		Soc Sci M
Coker, A. L.; Smit...	2002	Social support protects against the negative ef...		J Womens
Coker, A. L.; Wat...	2003	Social support reduces the impact of partner v...		Prev Med
Cooper, D. L.; Po...	2013	Social support provided by and strain experien...		Support C

انتقال رفرنس ها به فایل مقاله در Word

- ▶ برای انتقال رفرنس ها به فایل Word مراحل زیر را طی نمایید:
- ▶ بازکردن فایل ورد
- ▶ قرار دادن کرسر در محل مورد نظر برای وارد کردن رفرنس
- ▶ انتخاب تب **EndNote** و انتخاب گزینه **Insert Citation**
- ▶ تایپ کلیدواژه ای از رفرنس و یافتن رفرنس مورد نظر
- ▶ انتخاب رفرنس یافته شده و انتخاب گزینه **Insert**

Insert Citation
Search EndNote libraries to find and insert citations in your Word document.

EndNote Cite While You Write
Tell me more

EndNote X8 Find & Insert My References

prevention Find

Author	Year	Title
Milán	2018	Prediction and prevention of addictions through the implementation of a computational social simulator
Wang	2018	Health Utility of Pregnant Women Living with HIV/AIDS: Prevention of Mother-to-Child Transmission of HIV (...)

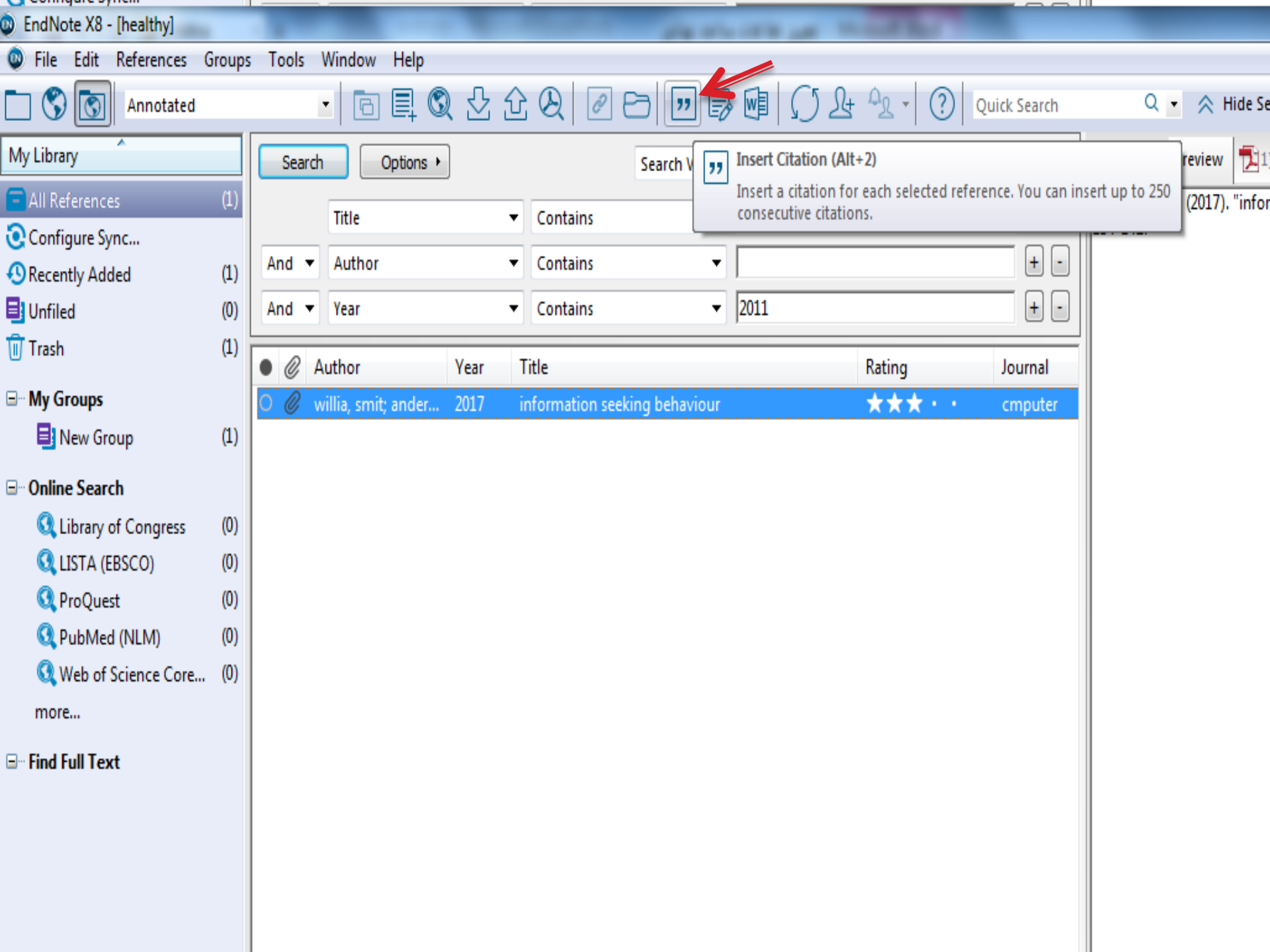
Reference Type: Serial
Record Number: 8
Author: Milán, M. A. O.
Milán, N. O.
Rojas, E. M.
Caro, M. S.
Ramírez, M. R.
Cisneros, R. R.
Year: 2018
Title: Prediction and prevention of addictions through the implementation of a computational social simulator
Secondary Title: Smart Innovation, Systems and Technologies
Volume: 71

Insert Cancel Help

Library: Health.enl 2 items in list

انتقال رفرنس ها به فایل مقاله در Word

- ▶ راه دیگر وارد کردن رفرنس به فایل
- ▶ فایل اندنوت خود را باز نموده و رفرنس مورد نظر را در حالت انتخاب قرار دهید.
- ▶ بازکردن فایل ورد
- ▶ قرار دادن کرسر در محل مورد نظر برای وارد کردن رفرنس
- ▶ انتخاب تب **EndNote** و انتخاب گزینه **Insert Citation**
- ▶ تایپ کلیدواژه ای از رفرنس و یافتن رفرنس مورد نظر
- ▶ انتخاب رفرنس یافته شده و انتخاب گزینه **Insert**



FILE HOME INSERT DESIGN PAGE LAYOUT REFERENCES MAILINGS REVIEW VIEW EndNote X8 ACROBAT

Style: Vancouver

Insert Citation

Go to EndNote

Edit & Manage Citation(s)

Edit Library Reference(s)

Update Citations and Bibliography

Convert Citations and Bibliography

Categorize References

Instant Formatting is On

Export to EndNote

Preferences

Help

Citations Bibliography Tools

Social support is exceptionally important for maintaining good physical and mental health. Overall, it appears that positive social support of high quality can enhance resilience to stress, help protect against developing trauma-related psychopathology, decrease the functional consequences of trauma-induced disorders, such as posttraumatic stress disorder (PTSD), and reduce medical morbidity and mortality (1). However, despite strong evidence demonstrating the beneficial effects of social support on medical and psychological wellbeing, the field of psychiatry has contributed relatively little to developing, testing, and implementing effective evidence-based interventions aimed at increasing social support for patients and at-risk populations. In this review article, we aim to summarize key studies on social support in the context of resilience to stress and explore possible brain mechanisms mediating social support's positive influence on mental health outcomes (2). We will begin with a brief overview of the neurochemistry of the stress response and resilience to stress. Within this framework, we will then review the emerging literature on the neurobiology and the behavioral mediators of social support. Next, we will review studies that have investigated the effects of social support on medical illness, and finally, conclude with a discussion on social support's clinical significance for psychiatry (3).

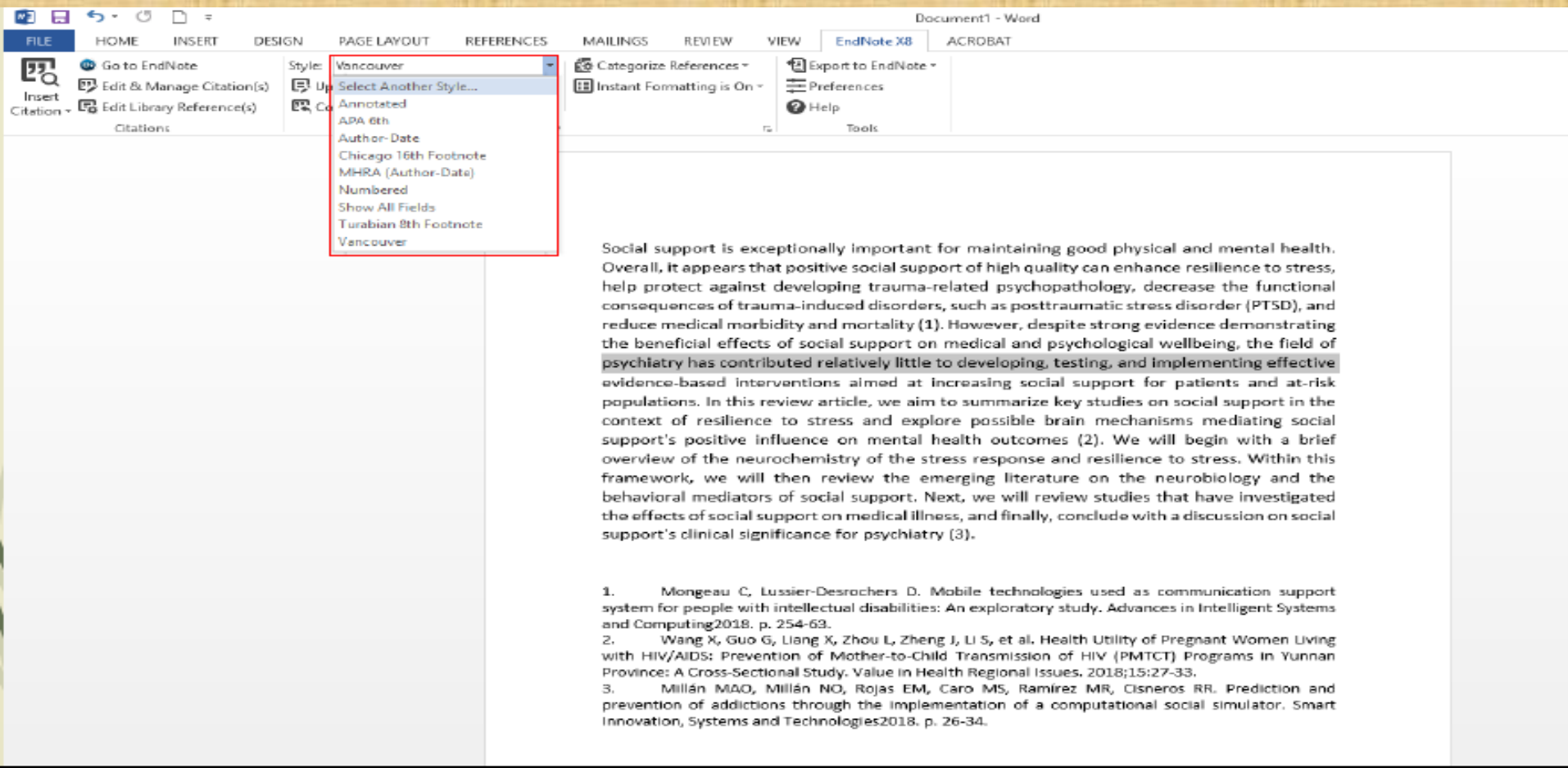
رفرنس‌های درون‌متنی

رفرنس‌های برون‌متنی

1. Mongeau C, Lussier-Desrochers D. Mobile technologies used as communication support system for people with intellectual disabilities: An exploratory study. *Advances in Intelligent Systems and Computing* 2018. p. 254-63.
2. Wang X, Guo G, Liang X, Zhou L, Zheng J, Li S, et al. Health Utility of Pregnant Women Living with HIV/AIDS: Prevention of Mother-to-Child Transmission of HIV (PMTCT) Programs in Yunnan Province: A Cross-Sectional Study. *Value in Health Regional Issues*. 2018;15:27-33.
3. Millán MAO, Millán NO, Rojas EM, Caro MS, Ramirez MR, Cisneros RR. Prediction and prevention of addictions through the implementation of a computational social simulator. *Smart Innovation, Systems and Technologies* 2018. p. 26-34.

شیوه تغییر فرمت رفرنس مقاله در Word

▶ همانند آنچه در نرم افزار اندنوت برای تغییر فرمت رفرنس انجام شد، در فایل Word نیز قابل انجام است.



The screenshot shows the Microsoft Word interface with the 'REFERENCES' tab selected. The 'Style' dropdown menu is open, showing various citation styles. The 'Vancouver' style is currently selected. The 'Select Another Style...' option is highlighted. The main text area contains a paragraph about social support and its importance for mental health, followed by three numbered references.

Document1 - Word

FILE HOME INSERT DESIGN PAGE LAYOUT REFERENCES MAILINGS REVIEW VIEW EndNote X8 ACROBAT

Insert Citation Edit & Manage Citation(s) Edit Library Reference(s) Citations

Style: Vancouver

Select Another Style...

Annotated

APA 6th

Author-Date

Chicago 16th Footnote

MHRA (Author-Date)

Numbered

Show All Fields

Turabian 8th Footnote

Vancouver

Categorize References Instant Formatting is On Export to EndNote Preferences Help Tools

Social support is exceptionally important for maintaining good physical and mental health. Overall, it appears that positive social support of high quality can enhance resilience to stress, help protect against developing trauma-related psychopathology, decrease the functional consequences of trauma-induced disorders, such as posttraumatic stress disorder (PTSD), and reduce medical morbidity and mortality (1). However, despite strong evidence demonstrating the beneficial effects of social support on medical and psychological wellbeing, the field of psychiatry has contributed relatively little to developing, testing, and implementing effective evidence-based interventions aimed at increasing social support for patients and at-risk populations. In this review article, we aim to summarize key studies on social support in the context of resilience to stress and explore possible brain mechanisms mediating social support's positive influence on mental health outcomes (2). We will begin with a brief overview of the neurochemistry of the stress response and resilience to stress. Within this framework, we will then review the emerging literature on the neurobiology and the behavioral mediators of social support. Next, we will review studies that have investigated the effects of social support on medical illness, and finally, conclude with a discussion on social support's clinical significance for psychiatry (3).

1. Mongeau C, Lussier-Desrochers D. Mobile technologies used as communication support system for people with intellectual disabilities: An exploratory study. *Advances in Intelligent Systems and Computing* 2018. p. 254-69.
2. Wang X, Guo G, Liang X, Zhou L, Zheng J, Li S, et al. Health Utility of Pregnant Women Living with HIV/AIDS: Prevention of Mother-to-Child Transmission of HIV (PMTCT) Programs in Yunnan Province: A Cross-Sectional Study. *Value in Health Regional Issues*. 2018;15:27-33.
3. Millán MAO, Millán NO, Rojas EM, Caro MS, Ramírez MR, Cisneros RR. Prediction and prevention of addictions through the implementation of a computational social simulator. *Smart Innovation, Systems and Technologies* 2018. p. 26-34.

شیوه تغییر فرمت رفرنس مقاله در Word

- ▶ انتخاب فرمت های پیش فرض در کادر باز شده
- ▶ در صورتی که فرمت مورد نظر در کادر پیش فرض وجود نداشته باشد، با انتخاب گزینه **Select Another Style** کادری مانند نمونه باز می شود که می توان فرمت مورد نظر را انتخاب کرد. در این کادر فرمت های مختلف طبق حروف الفبا مرتب شده اند.

Document1 - Word

FILE HOME INSERT DESIGN PAGE LAYOUT REFERENCES MAILINGS REVIEW VIEW EndNote X8 ACROBAT

Style: Vancouver

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Annotated

APA 6th

Author-Date

Chicago 16th Footnote

MHRA (Author-Date)

Numbered

Show All Fields

Turabian 8th Footnote

Vancouver

EndNote X8 Styles

Name	Category
AAA Style Guide	Anthropology
AAG Style Guide	Geography
Academy Manage...	Business
Accounting Review	Accounting
Accounts Chemical...	Chemistry
ACS	Chemistry
Acta Biomaterialia	Bioscience
Acta Crystallograp...	Geology
Addiction	Substance Abuse

Showing 496 styles from C:\Program Files (x86)\EndNote X8\Styles

حذف رفرنس های گذاشته شده در مقاله

- ▶ اگر رفرنسی را به اشتباه در مقاله خود وارد کردید، برای حذف مراحل زیر را طی نمایید:
- ▶ در فایل **Word** رفرنس مورد نظر خود را انتخاب نمایید.
- ▶ از تب اندنوت گزینه **Edit and Manage Citation** را انتخاب نمایید .
- ▶ در پنجره باز شده رفرنس به شما نشان داده می شود. روی پنجره کشویی کلیک کرده و گزینه **Remove Citation** را انتخاب نمایید. رفرنس مورد نظر حذف می شود .

حذف رفرنس های گذاشته شده در مقاله

Document1 - Word

FILE HOME INSERT DESIGN PAGE LAYOUT REFERENCES MAILINGS REVIEW VIEW EndNote X8 ACROBAT

Go to EndNote Style: Vancouver

Insert Citation - Edit & Manage Citation(s) Update Citations and Bibliography

Edit Library Reference(s) Convert Citations and Bibliography

Categorize References - Export to EndNote -

Instant Formatting is On - Preferences

Help

Citations Bibliography Tools

EndNote X8 Edit & Manage Citations

Citation	Count	Library	
(1)			
Mongeau, 2018 #4	1	Health	Edit Reference 1
(2)			
Wang, 2018 #2	1	Health	Edit Reference 1
(3)			
Millán, 2018 #8	1	Health	Edit Reference 1

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Social support is exceptionally important for maintaining good physical health. Overall, it appears that positive social support of high quality can enhance help protect against developing trauma-related psychopathology, decrease consequences of trauma-induced disorders, such as posttraumatic stress disorder, reduce medical morbidity and mortality (1). However, despite strong evidence of the beneficial effects of social support on medical and psychological well-being, psychiatry has contributed relatively little to developing, testing, and implementing evidence-based interventions aimed at increasing social support for vulnerable populations. In this review article, we aim to summarize key studies on the context of resilience to stress and explore possible brain mechanisms through which social support's positive influence on mental health outcomes (2). We will provide an overview of the neurochemistry of the stress response and resilience to stress. In this framework, we will then review the emerging literature on the neurobiological mediators of social support. Next, we will review studies that have examined the effects of social support on medical illness, and finally, conclude with a discussion of social support's clinical significance for psychiatry (3).

1. Mongeau C, Lussier-Desrochers D. Mobile technologies used as a communication system for people with intellectual disabilities: An exploratory study. *Advances and Computing* 2018. p. 254-63.
2. Wang X, Guo G, Liang X, Zhou L, Zheng J, Li S, et al. Health Utility of Prevention of Mother-to-Child Transmission of HIV (PMTCT) in Henan Province: A Cross-Sectional Study. *Value in Health Regional Issues*. 2018;15:27-33.
3. Millán MAO, Millán NO, Rojas EM, Caro MS, Ramírez MR, Cisneros RR. Prediction and prevention of addictions through the implementation of a computational social simulator. *Smart Innovation, Systems and Technologies* 2018. p. 26-34.

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...tionally important for maintaining good physical and mental health. ...t positive social support of high quality can enhance resilience to stress, ...developing trauma-related psychopathology, decrease the functional consequences of trauma-induced disorders, such as posttraumatic stress disorder (PTSD), and reduce medical morbidity and mortality (1). However, despite strong evidence demonstrating the beneficial effects of social support on medical and psychological wellbeing, the field of psychiatry has contributed relatively little to developing, testing, and implementing effective evidence-based interventions aimed at increasing social support for patients and at-risk populations. In this review article, we aim to summarize key studies on social support in the context of resilience to stress and explore possible brain mechanisms mediating social support's positive influence on mental health outcomes (2). We will begin with a brief overview of the neurochemistry of the stress response and resilience to stress. Within this framework, we will then review the emerging literature on the neurobiology and the behavioral mediators of social support. Next, we will review studies that have investigated the effects of social support on medical illness, and finally, conclude with a discussion on social support's clinical significance for psychiatry (3).

1. Mongeau C, Lussier-Desrochers D. Mobile technologies used as communication support system for people with intellectual disabilities: An exploratory study. *Advances in Intelligent Systems and Computing* 2018. p. 254-63.
2. Wang X, Guo G, Liang X, Zhou L, Zheng J, Li S, et al. Health Utility of Pregnant Women Living with HIV/AIDS: Prevention of Mother-to-Child Transmission of HIV (PMTCT) Programs in Yunnan Province: A Cross-Sectional Study. *Value in Health Regional Issues*. 2018;15:27-33.
3. Millán MAO, Millán NO, Rojas EM, Caro MS, Ramírez MR, Cisneros RR. Prediction and prevention of addictions through the implementation of a computational social simulator. *Smart Innovation, Systems and Technologies* 2018. p. 26-34.

خودمراقبتی فرایندی است که در آن بیمار از آگاهی و مهارت‌های خود برای انجام رفتارهای توصیه شده به وی بهره‌گیری می‌نماید. بنابراین بیماران نه تنها بایستی قادر باشند اطلاعات کافی در زمینه بیماری خود و چگونگی انجام مراقبت‌های لازم کسب کنند بلکه بایستی بتوانند دانسته‌های خود را در موقعیت‌ها و شرایط مختلف به کار بندند (۱). تبعیت از این رفتارها در مبتلایان به بیماری‌های مزمن از اهمیت به‌سزایی برخوردار است و بیماران می‌توانند با کسب مهارت‌های خودمراقبتی بر آسایش، توانایی‌های عملکردی و فرایندهای بیماری خود اوقات، میزان فعالیت کنند. بیماران برای تصمیم‌گیری‌های رفته سلامت هستند. طرفی امروزه شاهد ساده‌ساخته‌ها با عنوان بهداشتی پایه مورد

تأثیرگذار با

های مجاز،

خودمراقبتی

درمائی و

این متخصص

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1. Keefe FJ, Upkus I, Lefebvre JC, Hurwitz H, Clipp E, Smith J, et al. The social context of gastrointestinal cancer pain: a preliminary study examining the relation of patient pain catastrophizing to patient perceptions of social support and caregiver stress and negative responses. *Pain*. 2003;103(1-2):151-6.
2. Cain DN, Mirzayi C, Rendina HJ, Ventuneac A, Grov C, Parsons JT. Mediating Effects of Social Support and Internalized Homonegativity on the Association Between Population Density and Mental Health Among Gay and Bisexual Men. *LGBT Health*. 2017.
3. Carlos DM, Padua EMM, Fernandes MID, Leitao M, Ferriani M. Domestic violence against children and adolescents: social support network perspectives. *Rev Gaucha Enferm*. 2017;27(spe):22959.